

#### Partnering with Public Health

Matthew D. Whitson, RN October 24, 2024

Screening & Treating Tuberculosis Infection October 24, 2024 San Antonio, Texas

### Matthew D. Whitson, RN has the following disclosures to make:



 No relevant financial relationships with any commercial companies pertaining to this educational activity



# Partnering with Public Health

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#### **Objectives**

- Identify the role of public health in Tuberculosis (TB) prevention and care.
- Discuss opportunities to collaborate with your local health department (HD) in the following areas:
  - Medical consultation
  - Referral of cases
  - Training and education



# Public health role in TB prevention and care

- Evaluate, diagnose, and treat patients with TB disease.
- Interview patients with TB to identify individuals who may have been exposed to TB.
- Find, test, and treat individuals who have been exposed to TB.





# Public health role in TB prevention and care

- Evaluate patients referred through the CDC's Electronic Disease Notification (EDN) system.
- Educate communities and healthcare providers about TB and TB infection.





#### Medical Consultation Opportunities

- Patients may have complex co-morbidities
  - Assist in assessing medication regimens interactions
  - Coordinate with TB expert consultants.
- Patients may have test results that conflict with each other.
  - The HD can assist with additional diagnostics
    - sputum collection
    - IGRA
    - Follow-up chest X-ray



#### Medical Consultation Opportunities

- Patients with unclear history of treatment for TB or TB infection.
  - HD staff coordinates with surveillance staff in Austin to confirm:
    - Hx of TB disease
    - Hx of TB infection
- More remote treatment dates have a lower likelihood of finding records.





- A patient diagnosed with TB disease needs medical management in the community.
  - HD staff can manage the patient's course of treatment in tandem with the referring provider.
  - The PCP must still manage other chronic conditions.
  - The PCP remains the medical home.





- HD staff provide the following services to the patient:
  - Directly observed therapy (no matter where the patient lives).
  - TB medications.
  - Liver function tests and other basic lab work.
  - Nurse case management.



- Patients have contacts who may have been exposed to OR infected with TB.
  - HD staff:
    - Interview the patient
    - Perform home visits to determine individuals who were exposed to TB.
- HD staff will provide testing to individuals exposed to TB AND treatment for TB infection.



- Patients may be mobile.
  - HD staff can refer patients who move to the receiving jurisdiction to complete treatment.
  - http://www.tbcontrollers.org/community/statecityterritor y/#.W1D70HmQwy9





### Opportunities for Training and Education

- Reporting TB disease or TB infection is required by state statutes.
- Staff turnover at offices, medical facilities, or correctional facilities may cause issues with reporting.
  - HD staff can act as a resource to let staff know exactly what is needed for reporting and follow-up.



### Opportunities for Training and Education

- Community members who hear about a TB "outbreak" may become a little concerned.
  - HD staff work with community members and provide presentations and testing to those who may have been exposed to TB.





### Opportunities for Training and Education

- Physicians new to the community or hospital may not have an extensive background in TB.
  - HD staff can act as a resource to discuss the diagnostic process and provide information to help the clarify the diagnosis.





#### What the HD DOESN'T do

- Take your patient away from you.
- Treat the patient for other medical ailments that are discovered during the course of treatment for TB.
- Indiscriminately test individuals for TB infection.
- Require individuals to take TB infection treatment.
- Indiscriminately lock up patients to force them to take TB medications.



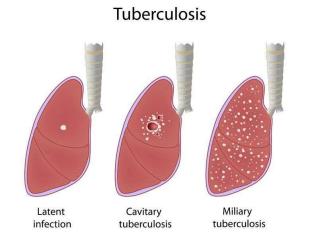
#### How you can help us

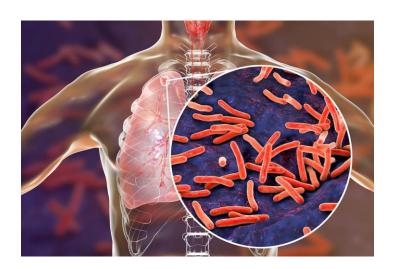
- If referring your patient to the HD, tell them the HD staff will contact them.
  - Many people think we are scammers
- Explain what TB infection is and that treatment is available
- Patient treatment refusals include
  - "I have immunity to TB due to the BCG vaccine"
  - "My doctor says I don't have TB disease"
  - "TB infection is not a big deal"



#### Conclusion

- The TB program of your local HD is here:
  - To help you manage your patients diagnosed with TB or TB infection;
  - To act as a resource for TB related questions and problems that arise; and
  - To build a solid foundation for public and private health partnership.







Texas Department of State Health Services

### Thank you